



Payne Junior High School Mountain Biking Club

Payne JHS is excited to be able to offer our students the opportunity to join the fast-growing sport of middle school/high school mountain bike racing. Payne JHS students will join over 1000 other Arizona 6-12 graders in 4 races staged around the state from early September through mid-November. We will race under the auspices of the Arizona Cycling Association (the ACA). The club welcomes both race focused riders and adventure riders (non-racing focused riders).

The Arizona Cycling Association is a locally incorporated 501(c)(3) non-profit youth development organization. We facilitate the development of interscholastic cycling teams for grades 6-12 and provide the education, training, licensing and insurance for student-athletes, coaches and volunteers. The league produces a high-quality mountain bike racing experience, while emphasizing the value of each participant and placing camaraderie, positive sporting behavior and the cultivation of health over competition. We firmly believe that cycling and an outdoor experience will leave a lasting impression on young minds and bodies.

Arizona Cycling Association (ACA): <https://arizonacycling.org/>

Contacts:

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Fact Sheet

Training Schedule

Middle school racers will have scheduled training sessions 1-2 times per week. Most training rides will be held at San Tan Mountain Regional Park.

Racecourse Design

The Arizona Cycling Association sets each race according to age and/or ability. Middle school racers will be on course for approximately 45 minutes to 1 hour, while a senior racer may be on course for 1.5 hours.

Tentative Schedule for the Season

April/May	Skills clinics and organizational activities	
July	Training starts (2 group training rides a week)	
September - November Racing Starts:		
Sunday, September 10	Race #1	Flagstaff
Saturday, September 23	Race #2	Prescott
Sunday October 8	Race #3	Snowflake-Taylor
Saturday, October 21	Race #4	McDowell Regional Park

Estimate of Season Costs (costs are estimated based on last year's costs)

- Joining the league \$100 to join the Arizona Cycling Association
- Race entry fee \$100 registration for all 4 races or ~\$40 per race
- Race kit ~\$150 (jerseys, socks, gloves, short liners)
- Venue Fee San Tan Mountain Regional Park usage fee
- Sports Physical CUSD requires all riders to get full sports physicals
- Bike Light \$100 for a 1000 lumen quality bike light

Equipment Needed

- Mountain Bike
- Eye Protection
- Helmet
- Hydration Pack
- Gloves
- Pump, Tubes, Multi Tool, Tire Levers